The City of Taylor, Taylor Public Schools and Beaumont Health have partnered to promote active living and healthy eating for the City of Taylor. Our Mission is to create a safe and healthy Taylor through health promotion, education, collaboration and advocacy.

Join us!
If you are interested in helping us to shape Taylor into a model for health and wellness, we want to hear from you! Residents, churches, businesses, non-profit organizations, governmental units, community groups are all invited. We believe that the broader input we have, the better we will be able to impact our schools, our places of worship, our worksites, our recreational programming and our natural assets such as our parks and trails.

We meet on the first Thursday of each month at the Human Services Building located at 26650 Eureka Road (between Beech Daly and Inkster Road) at 9:00 a.m. No pre-registration is required.

Join our Healthy Taylor Facebook Group

This group will keep you informed of upcoming events and provides a forum to post all things related to health and wellness in our community of Taylor.

This form may be turned in to the Taylor Teen Center located in the Human Services Building at 26650 Eureka Rd., Taylor (between Beech Daly and Inkster Rd) or emailed to Ruth Sebaly (Project Manager): Ruth.Sebaly@beaumont.org. For more information call Ruth Sebaly: 313.412.0567
WHY?

*Health starts where we live, work, learn, work and play.* Healthy Taylor was launched by Beaumont Health after a comprehensive Community Health Needs Assessment (CHNA) conducted in Wayne County showed high rates of chronic disease among resident. This study also confirmed what other data shows: Wayne County is the unhealthiest county in Michigan. In fact, two-thirds of premature deaths in the U.S. are due to poor nutrition, lack of physical activity and tobacco use. What was clear from the CHNA is that four primary health needs where the biggest impact can be made are: heart disease, diabetes, obesity and access to care. The good news is that overwhelming evidence shows that when communities work collaboratively to promote healthy eating and active living, everyone’s health improves.

WHAT?

*We are setting one table where people from all sectors come together to collectively create and implement innovative solutions.* Healthy Taylor is a collaborative initiative launched by partners Beaumont, the City of Taylor and Taylor Public Schools. Researchers have long recognized the connection between health and place – maintaining good health is easier when people are surrounded by healthy choices in their schools, workplaces and neighborhoods. Yet building healthy surrounding for people is not an effort that can be led by one individual, organization or business alone. It is a collaborative effort that must involve the whole community. Along with numerous other health care professionals, policy makers and community residents, we are joining forces around a community-based approach to wellness that seeks to change at multiple levels – environmental and policy changes, individual behavior changes, increase community engagement and community ownership to bring about a Healthy Taylor.

WHO?

*YOU! Be a part of the change!* We want your ideas about what a Healthy Taylor looks like and should be. We invite you, your family, neighbors and co-workers – everyone-to join Healthy Taylor.

WHEN?

*NOW!* We meet the first Thursday of each month at 9:00 a.m. at the Taylor Human Services Building located at 26650 Eureka Road, Taylor (between Beech Daly and Inkster Rd). For more information on Healthy Taylor Coalition meetings and events, please contact Ruth Sebaly, Project Manager at 313-412-0567 or Ruth.Sebaly@beaumont.org.